Headlands Primary School: PE Long-term plan 2022-23

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:
	Football (Invasion	Gymnastics	Hockey (Invasion	Basketball/Netball	Athletics	Cricket/Rounders
	Games)	Real PE Unit 3 (COG	Games)	Real PE Unit 1 (COG	Real PE Unit 6 (COG	Real PE Unit 4 (COG
	Real PE Unit 2 (COG	Focus: Cognitive)	Real PE Unit 5 (COG	Focus: Personal)	Focus: Health and	Focus: Creative)
	Focus: <mark>Social</mark>)		Focus: Physical)		Fitness)	
Year 1	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:
	Football (Invasion	Gymnastics	Hockey (Invasion	Basketball/Netball	Athletics	Cricket/Rounders
	Games)	Real PE Unit 3 (COG	Games)	Real PE Unit 1 (COG	Real PE Unit 6 (COG	Real PE Unit 4 (COG
	Real PE Unit 2 (COG	Focus: Cognitive)	Real PE Unit 5 (COG	Focus: Personal)	Focus: Health and	Focus: Creative)
	Focus: Social)		Focus: Physical)		Fitness)	
Year 2	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:
	Football (Invasion	Gymnastics (200	Hockey (Invasion	Basketball/Netball	Athletics	Cricket/Rounders
	Games)	Real PE Unit 3 (COG	Games)	Real PE Unit 1 (COG	Real PE Unit 6 (COG	Real PE Unit 4 (COG
	Real PE Unit 2 (COG	Focus: Cognitive)	Real PE Unit 5 (COG	Focus: Personal)	Focus: Health and	Focus: Creative)
Vacu 2	Focus: Social)	Superitor Superifica	Focus: Physical)	Concepto Conception	Fitness)	Cuanta Cuanifia
Year 3	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific: Basketball/Netball	Sports Specific: Athletics	Sports Specific: Cricket/Rounders
	Football (Invasion Games)	Gymnastics Real PE Unit 3 (COG	Hockey (Invasion Games)	Real PE Unit 1 (COG	Real PE Unit 6 (COG	Real PE Unit 4 (COG
	Real PE Unit 2 (COG	Focus: Cognitive)	Real PE Unit 5 (COG	Focus: Personal)	Focus: Health and	Focus: Creative)
	Focus: Social)	rocus. Cognitive)	Focus: Physical)	i ocus. <mark>reisoliai</mark>)	Fitness)	rocus. Creative)
Year 4	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:
16014	Football (Invasion	Gymnastics	Hockey (Invasion	Basketball/Netball	Athletics	Cricket/Rounders
	Games)	Real PE Unit 3 (COG	Games)	Real PE Unit 1 (COG	Real PE Unit 6 (COG	Real PE Unit 4 (COG
	Real PE Unit 2 (COG	Focus: Cognitive)	Real PE Unit 5 (COG	Focus: Personal)	Focus: Health and	Focus: Creative)
	Focus: Social)		Focus: Physical)	,	Fitness)	,
Year 5	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:
	Football (Invasion	Gymnastics	Hockey (Invasion	Basketball/Netball	Athletics	Cricket/Rounders
	Games)	Real PE Unit 3 (COG	Games)	Real PE Unit 1 (COG	Real PE Unit 6 (COG	Real PE Unit 4 (COG
	Real PÉ Unit 2 (COG	Focus: Cognitive)	Real PÉ Unit 5 (COG	Focus: Personal)	Focus: Health and	Focus: Creative)
	Focus: Social)		Focus: Physical)		Fitness)	
Year 6	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:	Sports Specific:
	Football (Invasion	Gymnastics	Hockey (Invasion	Basketball/Netball	Athletics	Cricket/Rounders
	Games)	Real PE Unit 3 (COG	Games)	Real PE Unit 1 (COG	Real PE Unit 6 (COG	Real PE Unit 4 (COG
	Real PE Unit 2 (COG	Focus: Cognitive)	Real PE Unit 5 (COG	Focus: Personal)	Focus: Health and	Focus: Creative)
	Focus: <mark>Social</mark>)		Focus: Physical)		Fitness)	