



## Provision at Headlands for supporting children's wellbeing

### Tier 1 – Provision for all

- Jigsaw whole school PSHE curriculum. **All** children have a weekly PSHE lesson. Termly assembly to launch the theme.
- Protective Behaviours curriculum. **All** children have a PBs lesson at least termly. **All** children complete their network hand and review this termly.
- Blue Butterfly Project. **KS2** children have had training about this and key adults wear the blue butterfly badge.
- The Nurture Room is open at break times daily to support children with any worries.
- Worry Monsters in every classroom plus Nurture Room and Library. All children have a worry card with their name on which they can put in the box if they have a worry. Teachers check daily.
- Full time Family Support Worker who supports children and their families.

### Tier 2 and 3 – Specialist Support

- Draw and Talk – a 12-week programme run by trained members of staff. This is a therapeutic intervention to support children who have experienced emotional upset or a bereavement.
- Emotional Literacy Support Assistant (ELSA). We have trained ELSAs who can support children with a range of emotional difficulties and low self-esteem through bespoke 1:1 sessions.
- Nurture. We have trained Nurture Practitioners. Nurture groups run both at lunchtime and in the afternoons for identified children who need additional support to develop their social and emotional skills.
- Parenting Support Programmes. Our Family Support Worker and Nurture Practitioners are trained to deliver The Solihull Approach and trained to deliver The Triple P Parenting Programme.
- Theraplay – Our Family Support Worker is Level 1 Theraplay trained.