



Provision at Headlands for supporting children's well being

Tier 1 – Provision for all

- Jigsaw whole school PSHE curriculum. **All** children have a weekly PSHE lesson. Termly assembly to launch the theme.
- Protective Behaviours curriculum. **All** children have a PBs lesson at least termly. **All** children complete their network hand and review this termly.
- Blue Butterfly Project. **KS2** children have had training about this and key adults wear the blue butterfly badge.
- Chill Out Room open at break times daily to support children with any worries.
- Worry Monsters in every classroom plus chill out room and library. All children have a worry card with their name on which they can put in the box if they have a worry. Teachers check daily.
- Full time Family Support Worker who supports children and their families.

Tier 2 and 3 – Specialist Support

- Draw and Talk – a 12-week programme run by trained members of staff (Mrs Fadal/Mrs King/Mrs Smith) This is a therapeutic intervention to support children who have experienced emotional upset or a bereavement.
- Emotional Literacy Support Assistant. We have a trained ELSA (Mrs Fadal) who can support children with a range of emotional difficulties and low self-esteem through bespoke 1:1 sessions.
- Nurture. We have trained Nurture Practitioners (Mrs King and Mrs Smith). Nurture groups run both at lunchtime and in the afternoons for identified children who need additional support to develop their social and emotional skills.
- Parenting Support Programmes. Our Family Support Worker (Mrs Ritchie) and our Nurture Practitioner (Mrs King) are trained to deliver The Solihull Approach and Mrs Ritchie is trained to deliver The Triple P Parenting Programme.
- Theraplay – Our Family Support Worker is Level 1 Theraplay trained.